

Center for Women in Transition



Annual Report 2016



The Center for Women in Transition assists women in the criminal justice system because change is possible.

Executive Director Update



It is hard to believe that the Center for Women in Transition is about to **celebrate 20 years of assisting women**, and it is even harder to believe that I have been involved with the Center for half of its existence! Sister Rose McLarney introduced me to the agency in 2006, when she was the Executive Director and seeking an attorney to join the Board of Directors. Through mentoring and serving on multiple committees of the Board, I became passionate about the mission of the agency. I am not the only person who has been drawn to the mission and provided support in many different ways over the years — there are many legacy supporters to whom we extend our gratitude for helping to bring the Center to where it is today.

As the agency enters its 20th year, it is on strong footing and on a path to further strengthening its programs and evaluation. Because of the generosity of our supporters in fiscal year 2016, we were able to provide reentry services to 159 women, thereby strengthening women, families, and communities. Here are some highlights from this past year:

- The Center's mentoring program continued to thrive, with **5 new mentors becoming trained and matched with Center clients**.
- **100% of women enrolled in Center programs had safe and affordable housing**, either in a Center-run apartment or in independent housing; 95.6% of women in the Center's programs did not return to incarceration; and 75.4% obtained employment.
- The Center helped 22 women in their transitions from core Center programming to independence and family reunification through the **newly launched Step Out program, which includes ongoing case management, rent support, and emergency financial assistance**.
- The Center continued to make needed improvements to the **Barbara Baker House**, including installing metal controlled-entry front doors, new apartment locks, a back gate with an emergency exit, emergency pathway lighting, plumbing repairs, and security cameras. Residents, staff, and volunteers also beautified the outside landscaping and planted a garden. With a new roof on the building and safety issues addressed, our last step is to upgrade the interior of the apartments with fresh flooring, cabinets, and paint.
- The Center has continued to work with area collaborations and partnerships to **improve the reentry success for all returning citizens** in the St. Louis area. The Center is excited to be a part of the St. Louis County Safety and Justice Challenge, which received funding through the MacArthur Foundation to reduce over-reliance on jails and to reduce racial and ethnic disparities in jails.
- On the financial front, the generosity of Beautiful Transformations supporters allowed the Center to **pay off all debt in 2016!**

These accomplishments would not have been possible without the support of our funders, including individual donors, government agencies, religious foundations, and corporate, community, and family foundations. Also, individuals who believe in our mission volunteered hundreds of hours of their valuable time to help us accomplish our mission. **Thank you to all of you!**

We are excited to be entering our 20th year of **helping women make change possible**. We hope that you will get involved and help us make our 20th year the best year yet!

Thank you very much for your interest in and support of the mission of the Center for Women in Transition.

Sincerely,

Dana Toledo

Executive Director



Mentoring and Advocacy

The Center for Women in Transition's first program, started in 1997, was the Mentoring and Advocacy program. It began with one part-time employee who matched women with volunteer mentors from the community. It grew over time to include transitional housing at the Baker House, provision of basic essentials, case management, life skills education, and restorative-justice based programs. Recently on-site counseling has become available to all Center clients. All these services provide our women with the space and support for change.



Mentoring and Advocacy by the Numbers



Total clients served: **46**

Percentage of women who had no relapse: **50%**

Percentage of employable women who obtained employment: **62.5%**

Percentage of women who remained out of prison/jail: **98%**

Clients who came to the program as an alternative to incarceration: **21**

Project Reconnect



In 2007, the Center and area service providers came together to assist women and men leaving Missouri prisons without access to state and federal supports available to paroles — a population at high risk of homelessness. This collaboration formed again in 2007 and 2014, with the Center acting as administering agency.

The Center served 24 women through Project Reconnect in FY 2016, connecting them to housing, employment resources, medical and mental health resources. All have remained out of prison/jail.

Schirmer House

**“Schirmer House is a place
where you know that people really care.”**

- Schirmer Resident



The Center for Women in Transition opened Schirmer House in 2008, operated under contract with the Missouri Department of Corrections. Since opening, the Center has **provided safe and supervised housing to approximately 600 women** who are under Missouri DOC supervision and lack a suitable home plan. Not only do the women have safe housing, but also access to a wide variety of onsite services including case management, narcotics anonymous meetings, employment assistance, life skills education, and arts and crafts classes.

The Center is proud to report that **93% of the women at Schirmer House did not return to prison or jail while in the program** last year. This is a testament to the caring dedication of the staff and volunteers who work at Schirmer House, as well as the culture of mutual support the women build.

Schirmer House by the Numbers

Total clients served: **89**



Percentage of women who had no relapse: **69%**

Percentage of employable women who obtained employment: **79%**

Percentage of women who remained out of prison/jail: **93%**

Step Out Aftercare

The Center moved into providing post-program support in 2013. The Step Out program is designed to provide women with a softer landing when exiting core programming for independent housing. The program's case manager provides emotional support and guidance; financial assistance is also available on an as needed basis.

Due to the program's success and the demonstrated need for ongoing services, the Step Out program has been growing each year. In FY2016, the Center completed its first year of providing 6 month step-down rent assistance. 22 women were enrolled in Step Out, 17 of whom received rent assistance. **Nineteen maintained stable living conditions, 17 maintained employment for 3 months or longer, and none returned to prison.**

Client Spotlight

**"It's helping me
to get back on my feet,
and be a better person
than I was yesterday"**

Wendy has a smile to light up a room, and if you're lucky, you might be fortunate enough to see it. A St. Louis native who grew up in North County, with her mom working and her dad not around, Wendy had a lot of responsibility as the eldest of three.

Wendy joined the Center's Mentoring and Advocacy program after serving part of a seven year sentence at Women's Eastern Reception, Diagnostic and Correctional Center in Vandalia, MO. Looking back on the challenges she's faced in prison and since release, Wendy wishes that others knew "they don't have to shame us, because we shame ourselves more than they could," and Wendy is working hard to prove other's misconceptions wrong.

Wendy has earned her CNA license and will start CMT school in January. Since joining the program Wendy has obtained a full time job, and is grateful to her mentor, whom she talks to everyday. "It's nice to relax and just talk about the good and bad about each day," Wendy shared. Wendy believes she is successful in the program because "I have the freedom to do what I want, but still have the structure and support I need to stay focused."



Mentor Spotlight

Kathy has been volunteering as a mentor with the Center for Women in Transition for the past 18 years. When asked to reflect on her experience with her many mentees over the years, Kathy

shared that she is "often overwhelmed by the resilience and courage that the women have in terms of dealing with all they have to deal with in their lives." She finds it to be energizing and inspiring, and feels it expands her world and therefore her worldview. Kathy boasts that Wendy is very self-directed and has concrete plans for her life. She enjoys the opportunity to affirm Wendy for what she is doing and encourage her in the next steps of her journey.

When asked what it's like being a mentor, Kathy shared "it's like walking the journey with them, at whatever stage they are at. You don't have to have all the answers, it's more about just being a person to be there, talk to, and be a positive person in their lives." Kathy believes that people just need positive relationships and support in their lives. She believes the women want to be a positive force in their communities – to be respected and allowed to use their skills.

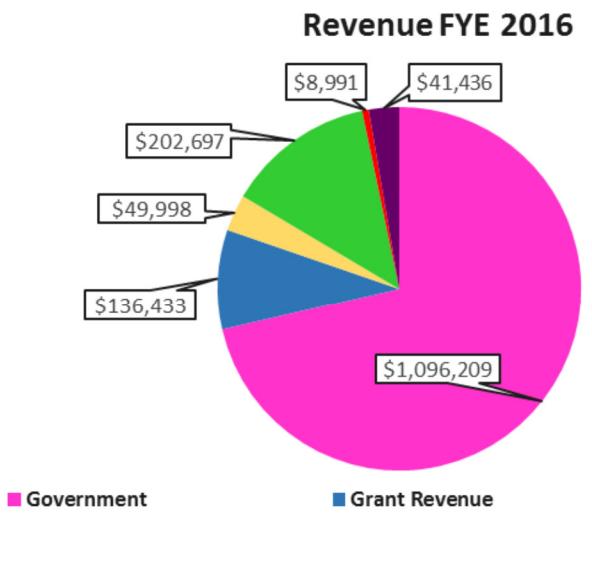
thank you!

**"I am often overwhelmed by the resilience
and courage the women have."**

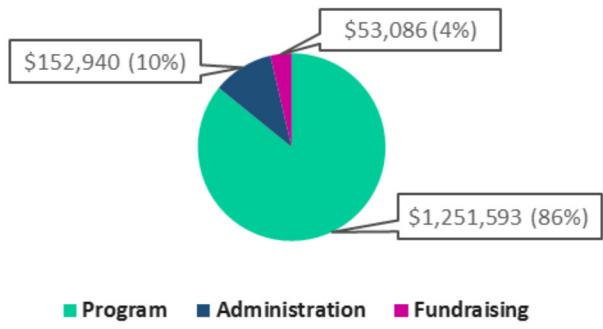
Finances

The Center had a strong year financially in FY 2016 and was able to pay off all debt!

Net income for the year was \$78,145*



Expense FYE 2016



*Unaudited

Total Revenue: \$1,535,764

Total Expense: \$1,457,619

Help us make 2017 the best year yet! Donate today to give women at CWIT a second chance. Visit our website or send a check to 7525 S. Broadway, St. Louis, MO 63111 to make a donation.

NAP Tax Credits

NAP credits allow qualified donors to reduce their MO tax liability by 50% of their contribution.

Examples of how tax credits can be applied:*

Your gift	\$1,000	\$2,500	\$5,000	\$10,000	\$20,000	Eligible Donations
Federal tax deduction assuming 35% tax bracket	-350	-875	-1,750	-3,500	-7,000	Cash
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State tax credit (50% of gift)	-500	-1,250	-2,500	-5,000	-10,000	Bonds
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Total out of pocket cost to donor	\$265	\$663	\$1,325	\$2,650	\$5,300	

Eligible Donors

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Credits may be used to offset individual income taxes, corporation franchise tax, tax on gross premium receipts of insurance companies, and financial institution tax.

To redeem, please request tax credits at the time of your donation. Credits are not transferable or refundable.

For more information, contact Kellie Roberts at (314) 771-5207 or by email at kellieroberts@cwitstl.org.

**Please consult your financial advisor for the tax treatment of your donation. The Center cannot provide tax advice.*

Beautiful Transformations



Thank you to everyone who helped make the 2016 Beautiful Transformations Gala the most successful yet! **Thanks to your generosity, the Center raised \$173,000** to help women reentering society after incarceration. This money provides women with the support they need to be successful in their transition back to their families and communities.

**Mark your calendars for the 2017 Beautiful Transformations Gala,
which will take place April 22, 2017!**

We would like to acknowledge the 2016 honorees:

Mary Bruemmer, long-time mentor of women and supporter of the Center was awarded with the Community Partnership Award.

Brett Begemann and Monsanto were awarded the Corporate Partnership Award for their generous support of the Center and the St. Louis region.

Sheila Sweeny, Mentor of the Year, and **Annee Laux**, Mentee of the Year, are a testament to the change that is possible when women are provided the support and resources they need.

Thank you to our donors!

Grant Funders

ASC Foundation
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Joan and John Vatterott Family Foundation
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Board and Board Highlights!

• Barb Sapienza •



With over 20 years' experience in administrative management, anyone who knows Barb Sapienza knows that she is the person to turn to when you need things done quickly and accurately. But you might no know that she organized a comedy club of toastmasters that has put on seven shows. While political puns might lighten a room, Barb knows that the inequities that women leaving the criminal justice system face are no laughing matter. **Barb believes that everyone deserves a second chance**, and that the Center for Women in Transition provides just that. With the tools and opportunities offered through CWIT, women CAN change their lives.

Barb, who is currently the Director of the President's office at Saint Louis University, is excited to see the Center build an evidence-based reputation in the coming years, and with experience in hospitals, healthcare, and higher education, she is an excellent addition to help propel the Center to do just that! Since joining the board, **Barb has stepped into the role of Chair of the Development Committee** and also serves on the strategic planning committee. The Center is lucky to have Barb's skills on Board!

• Board of Directors •

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Sarah Barnes



• Karen Frick •

With Karen's joy in providing actionable information so organizational objectives can be achieved, it's no surprise that **she is looking forward to the Center accomplishing its strategic plan over the next three years**. Karen's dossier includes working as a CPA at such notable organizations as Elsevier and Corizon Health, and she has recently joined the St. Louis Art Museum as accounting supervisor. She naturally stepped up to help develop the Center's new strategic plan and has taken over as Treasurer of the Board.

Having sold antiques for a few years and holding a degree in interior design, Karen has an eye for seeing things of value. Karen recognizes that the Center fills a gap in the community that is necessary in order to reduce recidivism, as well as giving women the opportunity to make changes in their lives and reconnect to family. It's clear that with Karen's skills in finance and her belief in the Center's mission, she is an amazing asset to the board, and her skills will be put to good use.



Staff and Mentors

• Staff •

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Laura Toledo, Esq.

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Advocacy Director
Barbara Baker

Development Director
Kellie Roberts

Client Services Director
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Linda Smith, Schirmer House
Barbara Hoskins, Schirmer House
Debra Carruth, Schirmer House
Molly Price, Schirmer House
Laura Smart, Schirmer House
Pamela Crawford, Schirmer House
Josephine Lofton, Schirmer House
Janette Holemon, Baker House
Julie Hobbs, Baker House
Christine Hudson, Baker House

• Mentors •

Thank you to our mentors and the many years they have devoted to our clients!

Marilyn Bader (2016)	Sharon Flottman (2016)
Sharon Bertram (2010)	Denise Embry(2016)
Yvette Boozer (2003)	Corrine Edwards (2015)
Cynthia Rooks (2016)	Edith Graeff (2016)
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Nicole Chaney (2016)	Janine Martin (2016)
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Elizabeth Conway (2015)	Angela Sinkfield (2015)
Christian Cooper (2015)	Sheila Sweeney (2015)
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Diana Daughtery (2015)	Barbara Walker (2015)
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Center for Women in Transition

7525 S. Broadway
St. Louis, MO 63111

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Center for Women in Transition

*The Center assists women in the criminal justice system
because change is possible.*

7525 S. Broadway
St. Louis, MO 63111

www.cwitstl.org

cwit@cwitstl.org

314-771-5207

Find us on Facebook and Twitter!

Please check our website for upcoming events!

Certain project costs have been underwritten by the Missouri Department of Economic Development,
Neighborhood Assistance Program.

